

SUPPORT SERVICES

HOTLINE NUMBERS

Kids Helpline www.kidshelpline.com.au	1800 551 800
Lifeline 24 hour	13 11 14
Drug and Alcohol Helpline	1300 652 226
Mental Health Helpline	1300 552 289
Alcohol Drug Information Service	1800 422 599
Domestic Violence Line	1800 656 463
Child Protection Helpline 24 hour	132 111
Community Health Centres	1300 792 755

HEALTH SERVICES

CHAIN Youth Health Centre	4226 5816
Illawarra Drug & Alcohol Service	4228 1511
Wollongong Eating Disorders Service	4254 1500
Illawarra Women's Health Centre	4255 6800

MENTAL HEALTH SERVICES

Headspace - youth mental health service	4220 7660
Wollongong Community Mental Health team	4254 1688
ARAFMI – families & friends of people with mental illness	4254 1699

www.reachout.com.au www.beyondblue.com.au

SEXUAL ASSAULT SERVICES

Urunga House- counselling child victims of sexual assault	4222 5408
NSW Rape Crisis 24 hour www.nswrapecrisis.com.au	1800 424 017

WEB:

<http://www.wollongong.nsw.gov.au/livingbooks>

Phone 4227 7238

Email livinglibrary@wollongong.nsw.gov.au

GAY, LESBIAN, BI-SEXUAL, TRANSGENDER, INTERSEX, QUEER

GLBTIQ youth support group Wollongong Youth Centre	4227 8222
Gay & Lesbian Counselling Service	1800 184 527
Police Gay & Lesbian Officer (Wollongong)	4226 7899
ACON Outreach Service www.acon.org.au	0437 891 397
Headspace - Support groups for young people and parents/carers	4220 7660

DISABILITY SERVICES

Illawarra Disability Trust	4255 8000
Interchange Illawarra	4227 1079
Greenacres Disability Services	4229 2666

VISION IMPAIRMENT

Vision Australia	1300 847 466
Seeing Eye Dogs Australia	1800 037 773
Blind Citizens Australia	1800 033 660

ABORIGINAL SERVICES

Illawarra Aboriginal Corporation, Cultural Centre	4228 1585
Aboriginal Medical Centre	4229 9495
Coomaditchie United Aboriginal Corporation	4274 7477
Illawarra ITEC training & employment	4223 3100

RELIGIOUS & MULTICULTURAL ORGANISATIONS

Nan Tien Temple	4272 0600
Islamic Society of the Illawarra	4274 6232
Illawarra Multicultural Services	4229 6855
Multicultural Communities Council Illawarra	4229 7566
SCARF	4227 1600

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